



Summary of ANA's Delirium Survey

Delirium Work Group
2016

Purpose of Survey

To identify what resources are needed for **all RNs** in **all settings** to effectively prevent, identify, and manage delirium in different patient populations.

The results guided ANA's Delirium Work Group, both in resource/product development and in refining and clarifying delirium issues for nurses, patients, family members, and other health care providers.

Methodology

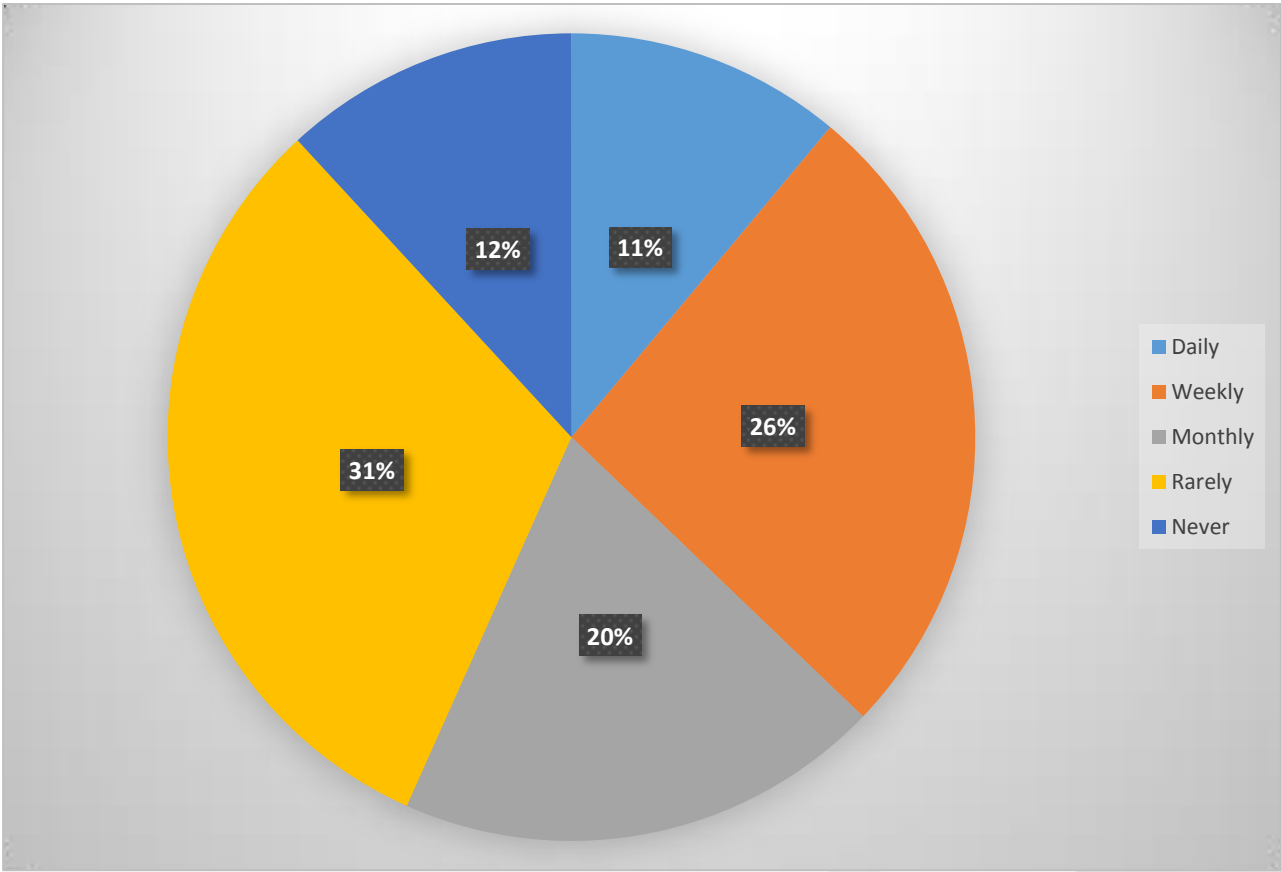
- A Qualtrics electronic survey was used to collect the data
- The survey was open from 11/17/15 thru 11/24/15
- There was a total of 1519 participants
- The survey was distributed via email request
- Survey distribution included ANA membership

Delirium Survey Results-Demographics

- 72% Have BSN or MSN
- 46% Clinical/staff nurse
- 34% Hospital acute care
- 53% Have been in nursing 21+ years
- 54% Like to receive information in a combination of modalities
 - Electronic
 - Print
 - In-person

*Percentages rounded to the nearest number

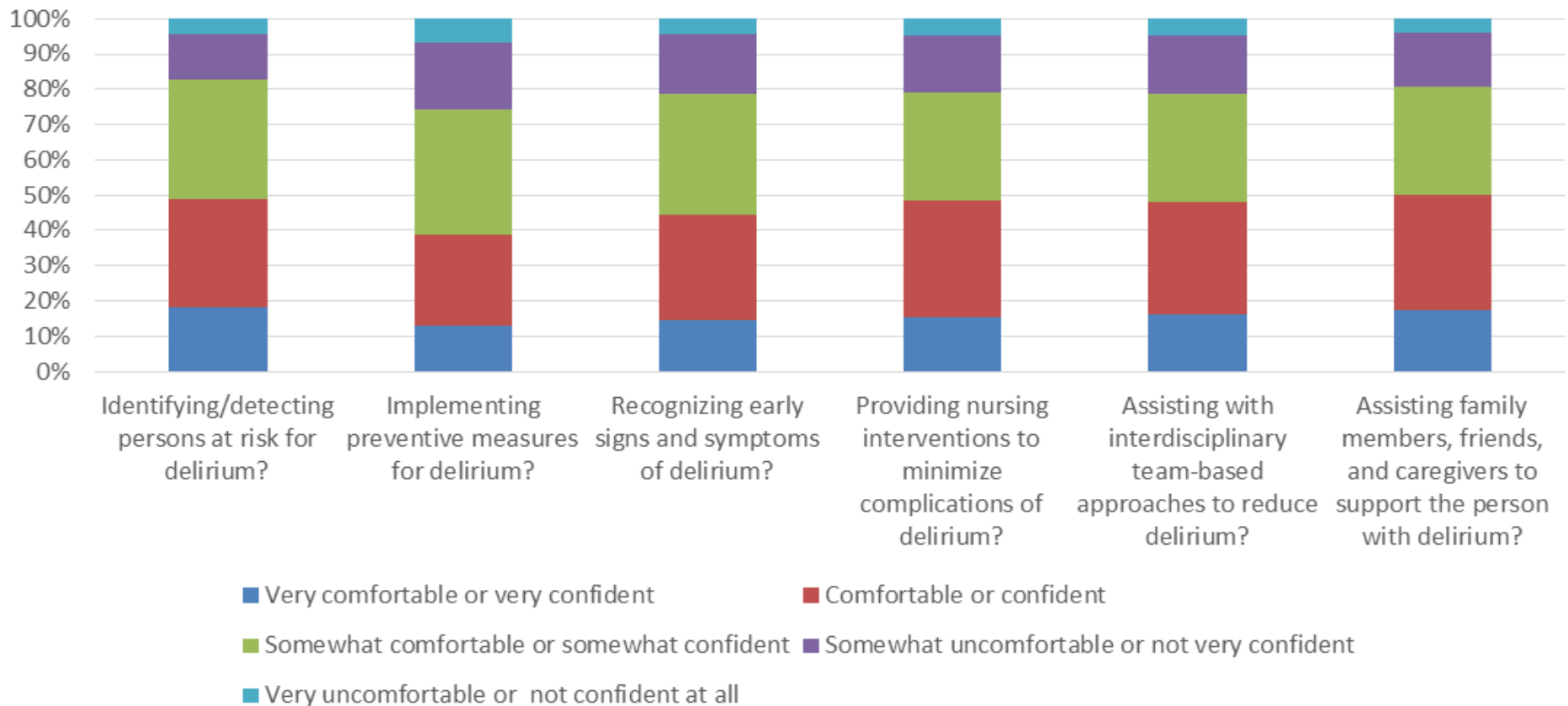
How often do you care for patient(s) with delirium?



Top 3 Challenges for Nurses in Preventing/Detecting/Managing Delirium

- Lack of knowledge about the risk factors, signs, symptoms, and treatment of delirium
- Lack of quick and easy-to-use screening tools
- Lack of continuity in assigning nurses to patients

How Comfortable or Confident Do You Feel In:



Which tool or instrument do you routinely use to assess for delirium?

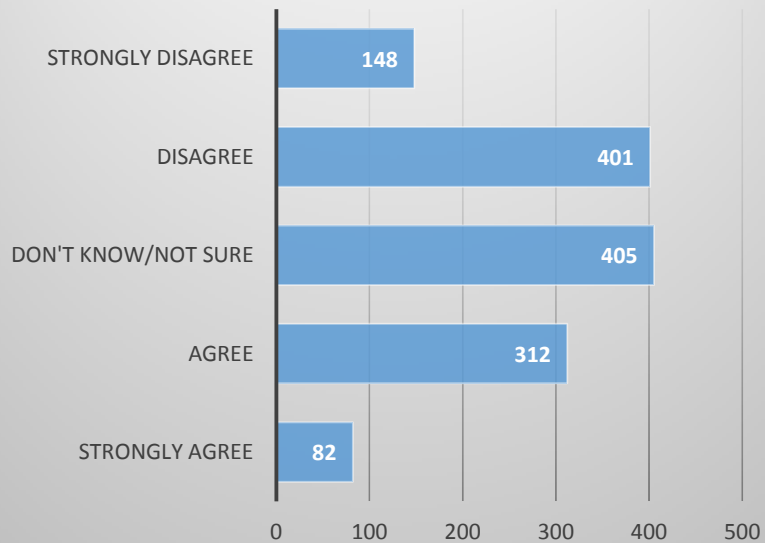
Tool/Instrument	Percentage
Confusion Assessment Method (CAM)	41.4%
Confusion Assessment Method for the ICU (CAM-ICU)	30.9%
Other	12.7%
Nursing Delirium Screening Scale (NuDESC)	10.7%
Intensive Care Delirium Screening Checklist (ICDSC)	2.4%
NEECHAM Confusion Scale	1.9%

Most common strategies implemented to prevent/detect/manage delirium

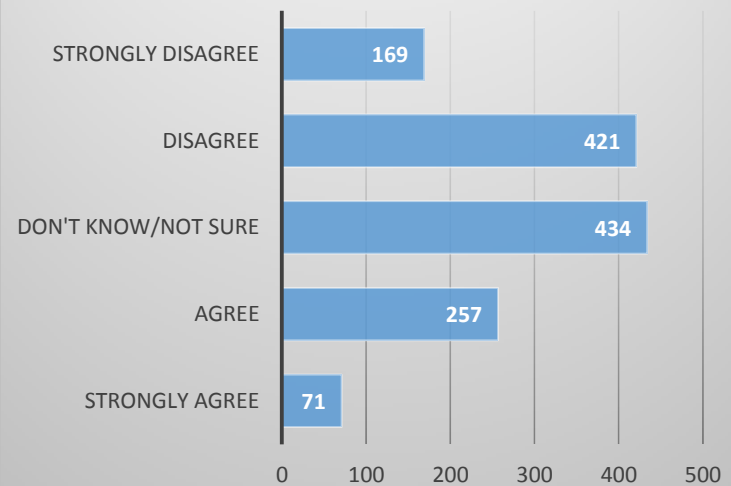
1. Physical activity (mobilization)
 2. Sedatives
 3. *a.) Non-sedative medications
*b.) No prevention strategies
- * Tied for the # 3 spot

My facility/employer/organization provides...

Appropriate policies, procedures, and protocols for staff to prevent, detect, and treat delirium.



Adequate education and resources to families and caregivers regarding delirium prevention, detection, and treatment.



Top Products Needed (In Order)

- Top 3 that the nurse is most likely to use
 - Delirium prevention checklist or model assessment
 - Identification tools
 - Professional policy document
- Top 3 most needed for the profession
 - Delirium prevention checklist or model assessment
 - Professional policy document
 - Identification tools

Delirium Work Group, 2016